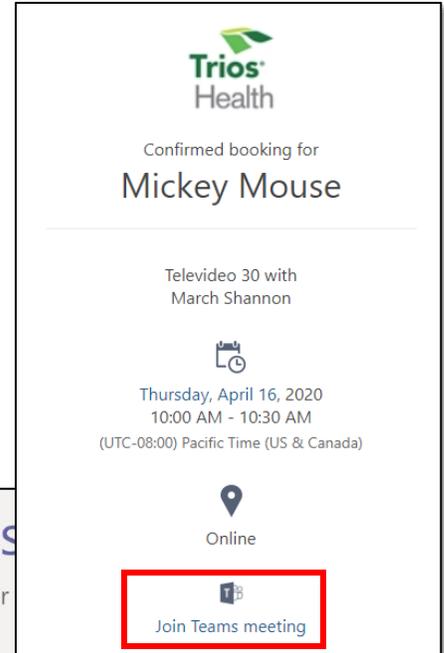


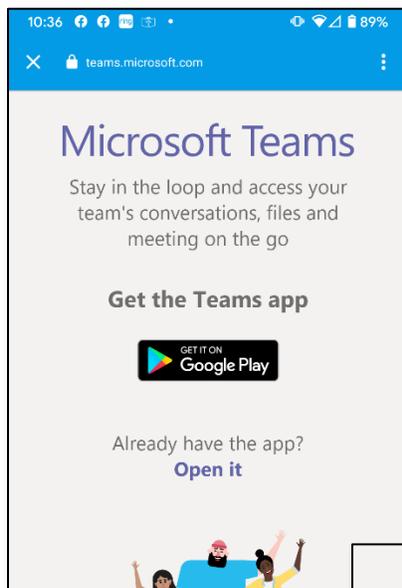
## Joining Telehealth Video Meetings as a Patient

### Clicking the Meeting Invitation

- After receiving email confirming the appointment, click the “Join Teams meeting” link.
- Next, you should see a webpage that guides you to the respective app store. On mobile devices, install the Microsoft Teams app. On desktop computers, when using the Chrome browser, you may choose to launch the meeting directly in the web browser.



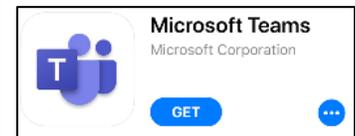
Android:



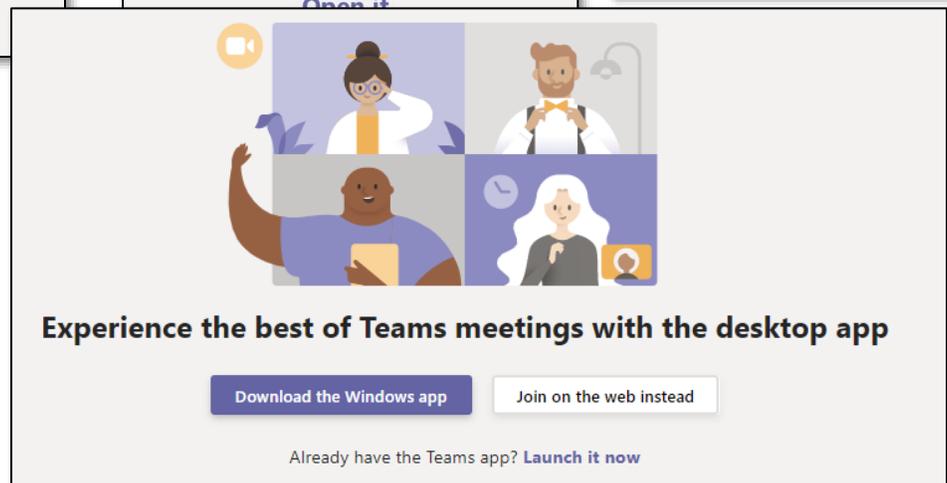
Apple:



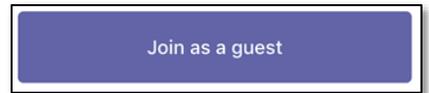
You can also manually install the Microsoft Teams app from each app store.



Windows Desktop:

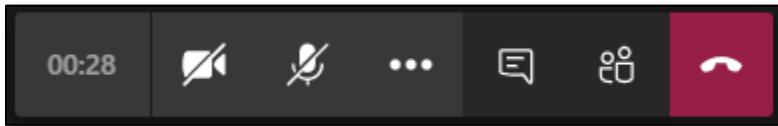


Once the app opens, choose to *Join as a guest* and then provide your name when prompted.

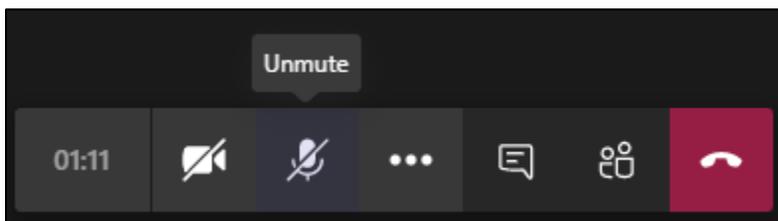


### [Enabling Audio and Video](#)

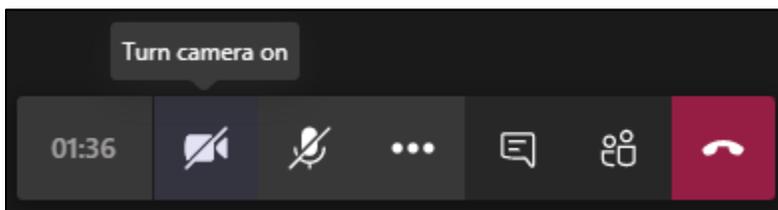
When you first join, you should see a bar similar to this (might need to mouse over the window). Please enable the audio and video before the provider joins.



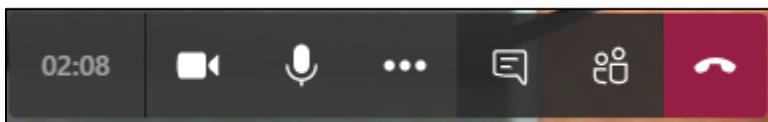
Click the microphone icon to “Unmute” your audio



Click the video camera icon to “Turn camera on”



When both are enabled, your meeting should look similar to this.



You should now be ready for the provider to join. As with office appointments, your provider may be still finishing with the previous patient. They will join as soon as they can.

It is important that you have good lighting during your encounter. You will want to make sure your face is well lit and the brightest lights are not directly behind you. Whenever possible, ensure you will have the privacy necessary to have an open discussion with your provider.