

# Trios Health Scheduling Center

Nuclear Medicine - Diagnostic Imaging – Physician Order Form

Phone: (509) 221-5441 Fax: (509) 221-7748

Care Center at Southridge: 3730 Plaza Way, Kennewick  Southridge Hospital: 3810 Plaza Way, Kennewick

Please Bring ID and Insurance card with you to your appointment.

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_  Call Patient to Schedule  
Insurance/Payor: \_\_\_\_\_ Appointment Date/Time: \_\_\_\_\_ Scheduled by: \_\_\_\_\_  
 Routine  STAT  Call Report – call # \_\_\_\_\_  Hold Patient  Pregnant  Diabetic  
 Allergies (specify) \_\_\_\_\_

Symptoms/History \_\_\_\_\_  
(do not use follow-up, rule out, possible, evaluate or probable)

Physician (print name): \_\_\_\_\_

Physician Signature/Date: \_\_\_\_\_

### Bone Scan

- Limited/3Phase
- Whole Body
- SPECT

### Cardiac

- Myocardial Perfusion Imaging
  - Exercise  Lexiscan
- MUGA
- ETT – Exercise Tolerance Test
- Stress Echocardiogram
  - Exercise  Dobutamine

### Thyroid

- Uptake & Imaging - **CC only**
- Imaging Only
- Parathyroid
- I-131 Ablation (hyper & cancer) - **SR only**

### Hepatobiliary

- Hepatobiliary/Bile Leak
- Hepatobiliary w/EF
- Liver/Spleen

### Brain

- Cisternogram - **SR only**

### Gastric

- Gastric Reflux
- Gastric Emptying
- GI Bleed
- Meckell's
- H Pylori Breath Test
- Leveen/Shunt Study - **SR only**

### Lung

- Ventilation/Perfusion
- Perfusion Only
- Quantitative

### Renal

- Flow & Function
- With Lasix
- Captopril/Enalapril

### Miscellaneous

- Samarium 153 - **SR only**
- Strontium 89 - **SR only**
- I-125 Prostate Implant - **SR only**
- PD-103 Prostate Implant - **SR only**

### Tumor Imaging

- Octreotide
- Sestamibi
- MIBG
- I-131 Whole body
  - Total withdraw  Thyrogen
- I-123 Whole body
  - Total withdraw  Thyrogen
- Gallium 67

### Lymph/Bone Marrow

- Lymph System Flow - **SR only**
- Sentinel Node (Breast) - **SR only**
- Sentinel Node (Melanoma) - **SR only**
- Bone Marrow
- Infection
- Tc99m WBC (Best for Extremities)
- In111 WBC (Best for axial)
- Gallium 67

Other \_\_\_\_\_

PLEASE FAX FORM TO US AT (509) 221-7748 AND GIVE COPY TO PATIENT TO BRING TO APPOINTMENT. THANK YOU.

## Order, Nuclear Medicine



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Trios Health

Patient ID
Patient Name: _____
DOB: _____
Physician Name: _____

**Patient: Please read entire form as other sections besides your preparation may apply to you.**

**Preparation For Nuclear Medicine.**

Please check appropriate prep for requested exam.

\_\_\_ Bone Scans: Limited, 3 Phase, Whole Body and SPECT. **No preparation required.**  
Bone scans are performed in two visits. The first visit takes 15 minutes where an injection is given. The second appointment is typically three (3) hours later and takes 45 minutes where images are acquired.

\_\_\_ Cardiac: **All myocardial perfusion scans must be ordered through a physician's office. You must get prior approval from your physician to be off medications or to change to a different medication.**  
Total time is approximately 2 1/2 hours.

**Preparation:**

No caffeine for 24 hrs, i.e. tea, chocolate, caffeinated beverages.  
NPO after midnight or six (6) hours before appointment.  
Hold cardiac medications the morning of stress test.

\_\_\_ MUGA: **No preparation required.**  
MUGA scans take one (1) hour.

\_\_\_ Thyroid Uptake:

**Preparation:**

No seafood, multivitamins, or cough syrup for one (1) week before appointment.  
No thyroid medications for 1 to 4 Weeks before appointment. Call for instructions.  
No CT contrast for six (6) weeks before appointment.  
No oil based xray contrast for six (6) months before appointment.

**This is a 2-day test.** Day one, patient is given a capsule to swallow. Patient returns four (4) hours later, scanning takes 45 minutes. Day two, patient returns 24 hours after swallowing capsule, scanning takes 15 minutes.

\_\_\_ Hepatobiliary (HIDA):

**Preparation:**

NPO for 4 hours prior to test.  
No pain medications after midnight.  
HIDA scans take two (2) hours.

\_\_\_ Liver/Spleen/Hemangioma/GI Bleed: **No preparation required.**

Liver, Spleen and Hemangioma scans take one (1) hour.  
GI Bleed scans take two (2) hours.

\_\_\_ Gastric Emptying:

**Preparation:**

NPO after midnight or six (6) hours prior to appointment.  
No pain medication with opiates after midnight.  
No gastric motility drugs for 24 hours unless directed by ordering physician to be on it.  
Patient will be required to eat an egg sandwich consisting of toasted white bread with 4oz egg whites.  
Gastric Emptying scans take from 2 to 4 hours

\_\_\_ Gastric Reflux:

**Preparation:**

NPO for 4 hours.  
Gastric Reflux scans take 90 minutes.

\_\_\_ Lung VQ Scan: **No preparation required.**

Lung scans take one (1) hour.

**ENTRANCE "A" - Care Center at Southridge:** 3730 Plaza Way, Kennewick, WA 99338. Please check in **20 minutes** before your scheduled appointment in the Diagnostic Imaging department on the first floor of the Care Center unless told otherwise when the appointment is scheduled.

**ENTRANCE "C" - Southridge Hospital:** 3810 Plaza Way, Kennewick, WA 99338. Please check in **20 minutes** before your scheduled appointment at the Diagnostic Imaging desk located in the hospital through entrance "C", unless told otherwise when the appointment is scheduled.

**If you need to cancel or reschedule your appointment, please call (509) 221-5441. If you have any questions about your exam, please call (509) 221-7835.**

**Order, Nuclear Medicine**

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Trios Health

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